Portrait No. 1:

_the_Girl_with_the_Fatigued_Mind

By Jessie Lausé

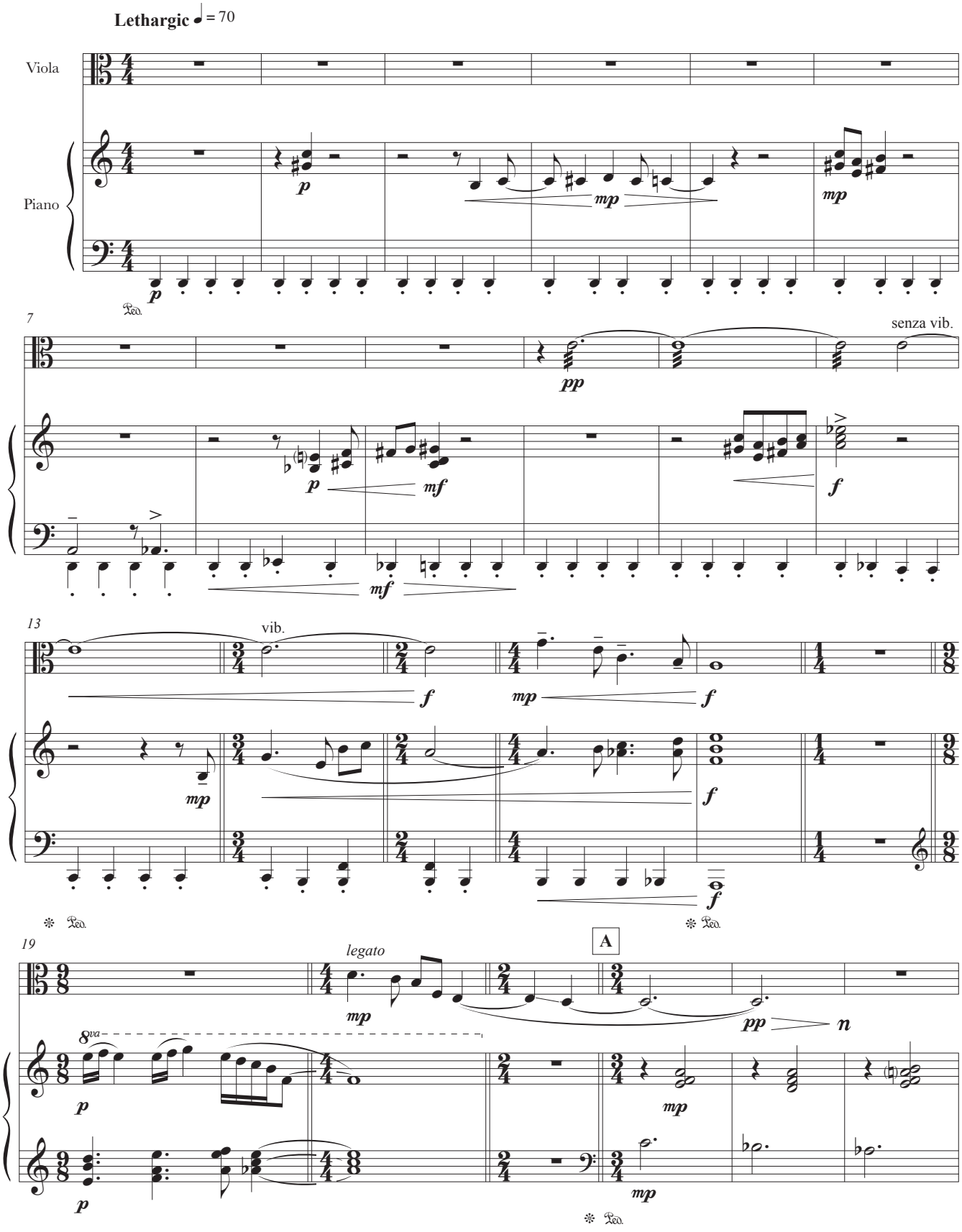
Program Notes

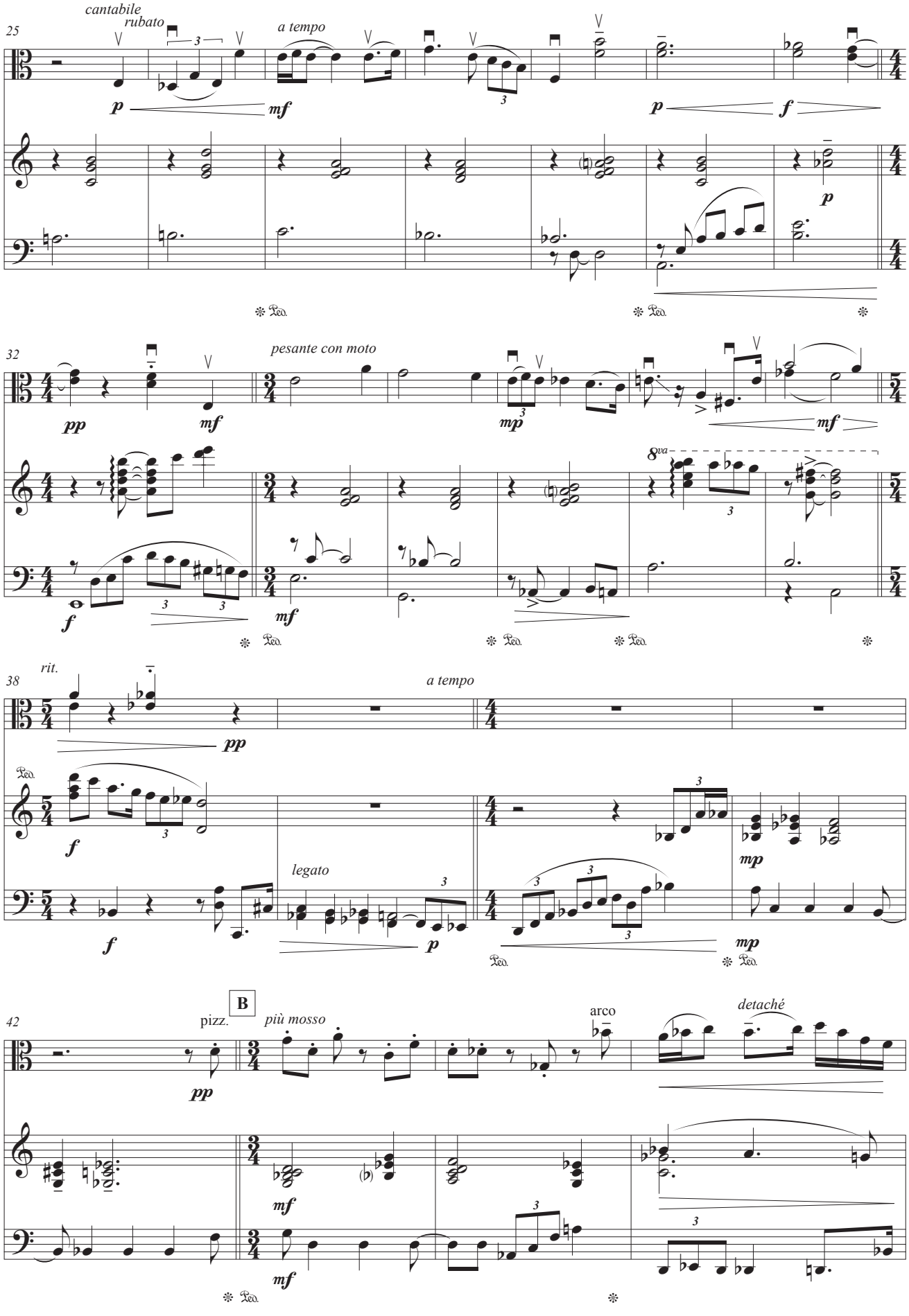
"The Girl with the Fatigued Mind" is the first in a series of portraits that abstractly convey experience of processing one's neurological atypicalities. This particular installment illustrates the emotional disarray that accompanies the first discovery and acceptance of mental disorders for many individuals as well as the secondary and tertiary symptoms of ADHD, ADD, and other attention disabilities. These symptoms include but are not limited to decreased motivation, avoidance of activities involving sustained focus, disorganization, fidgeting, forgetfulness, frequent talking, and hyperactivity.

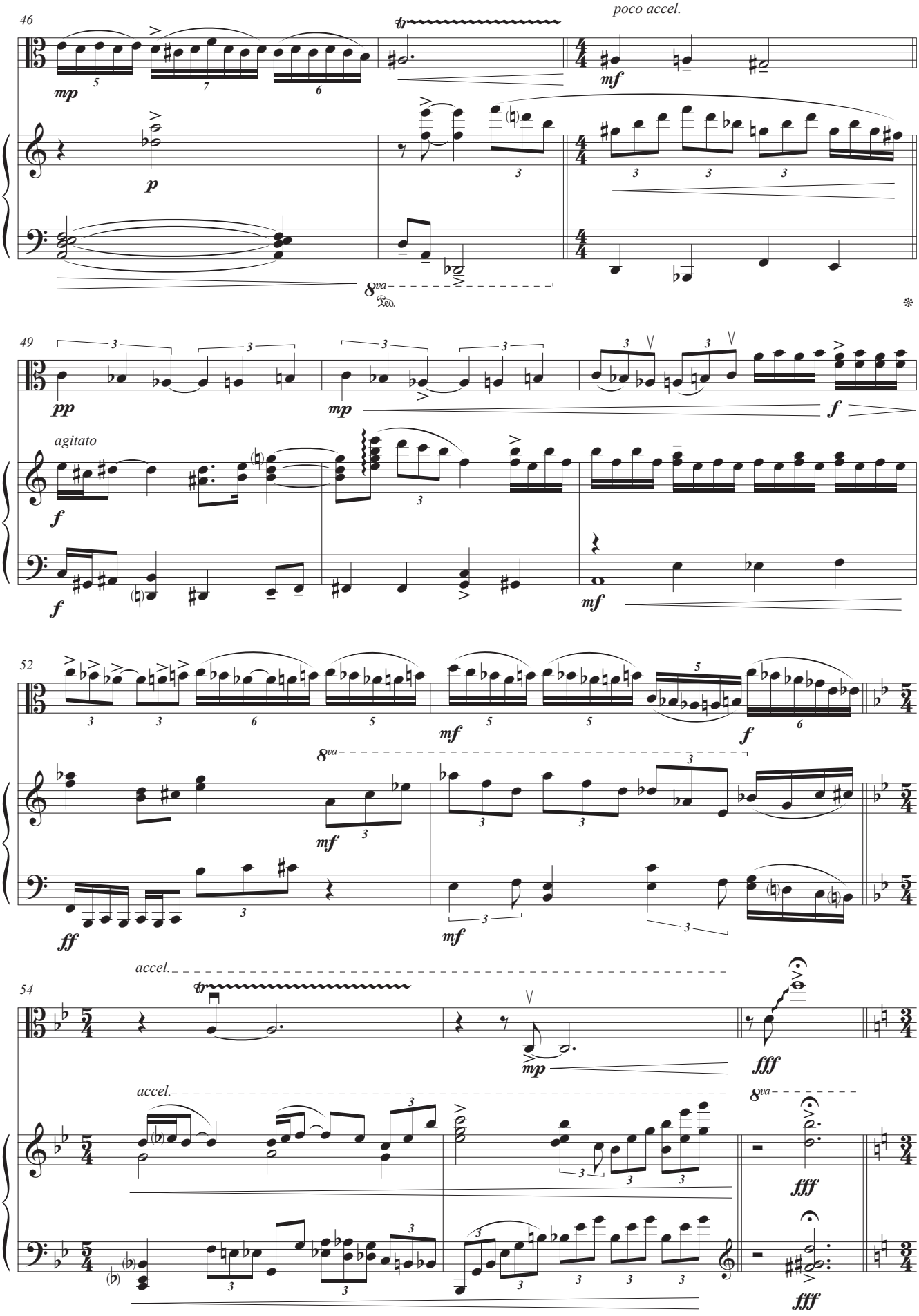
Each of the aforementioned symptoms, along with the emotional fatigue of processing and accepting one's mental unhealth are rhetorically woven throughout the music. This piece is characterized by many different fully realized themes that seem to occur only once at a time, so that musical ideas never quite settle into place. Harmonic tension builds as the ideas develop and interrupt one another, depicting the unrest and frustration of an individual with an attention disorder attempting to focus. There are also several moments of fidgety interjection denoted by textural variations. Like these experiences, this work may ultimately come across as overwhelming, exhausting, inexplicably helter-skelter.

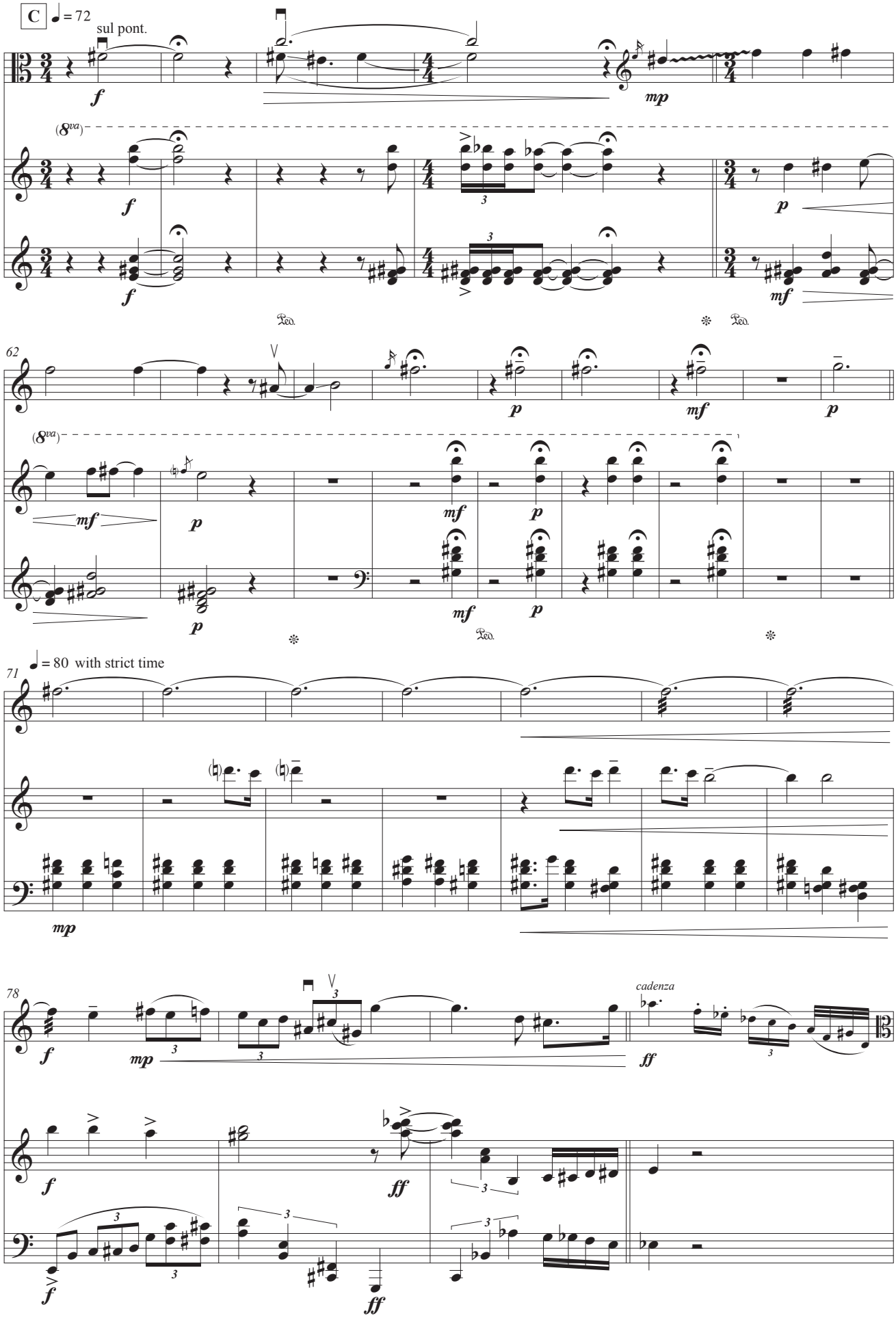
Portrait No. 1: The Girl with the Fatigued Mind

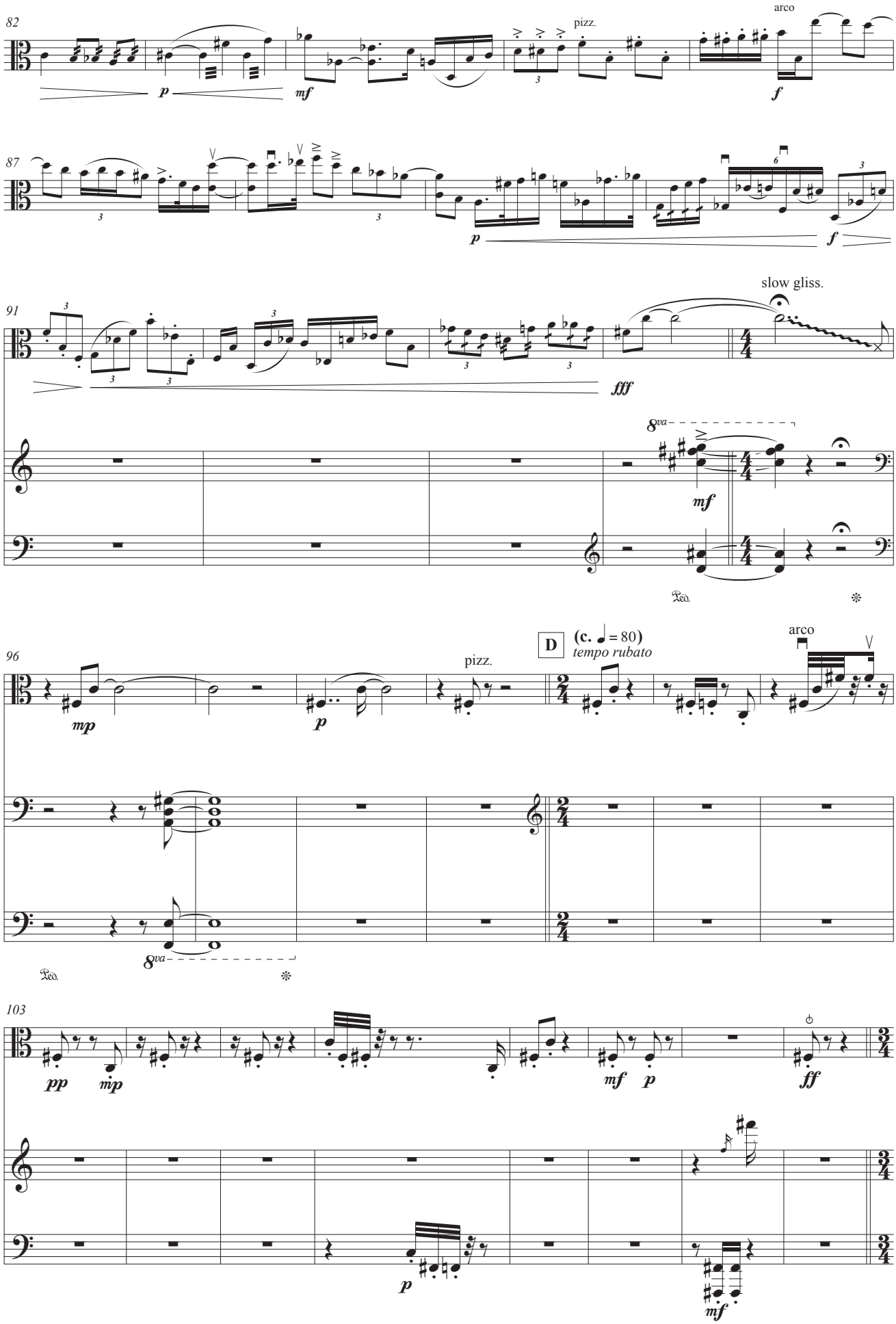
Jessie Lausé

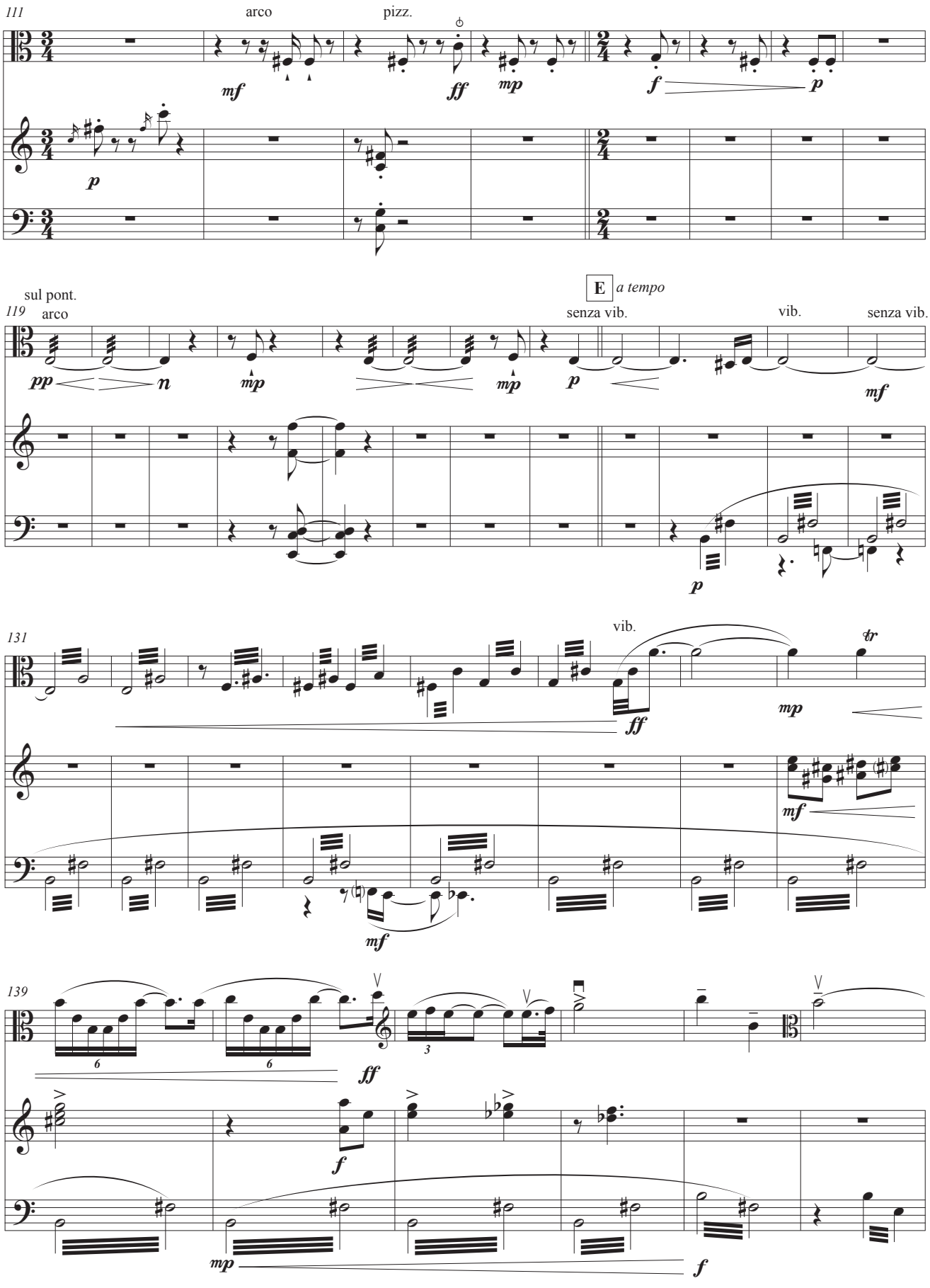


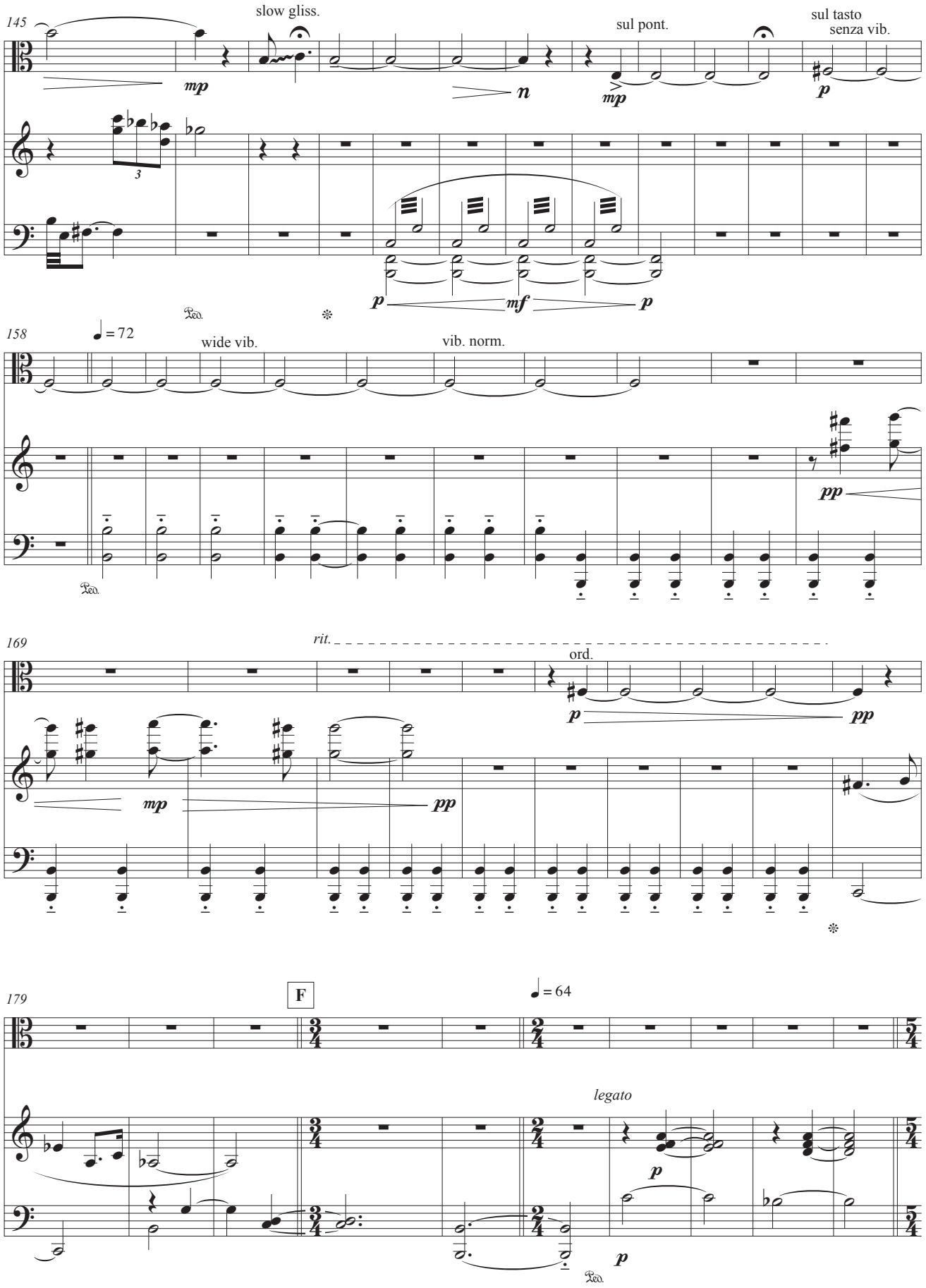

cantabile
rubato
25
a tempo
p
mf
p
f
p
32
pesante con moto
pp
mf
mp
mf
8va
f
mf
38
rit.
a tempo
pp
f
mp
legato
f
p
mp
42
pizz.
B
più mosso
arco
detaché
pp
mf
mf

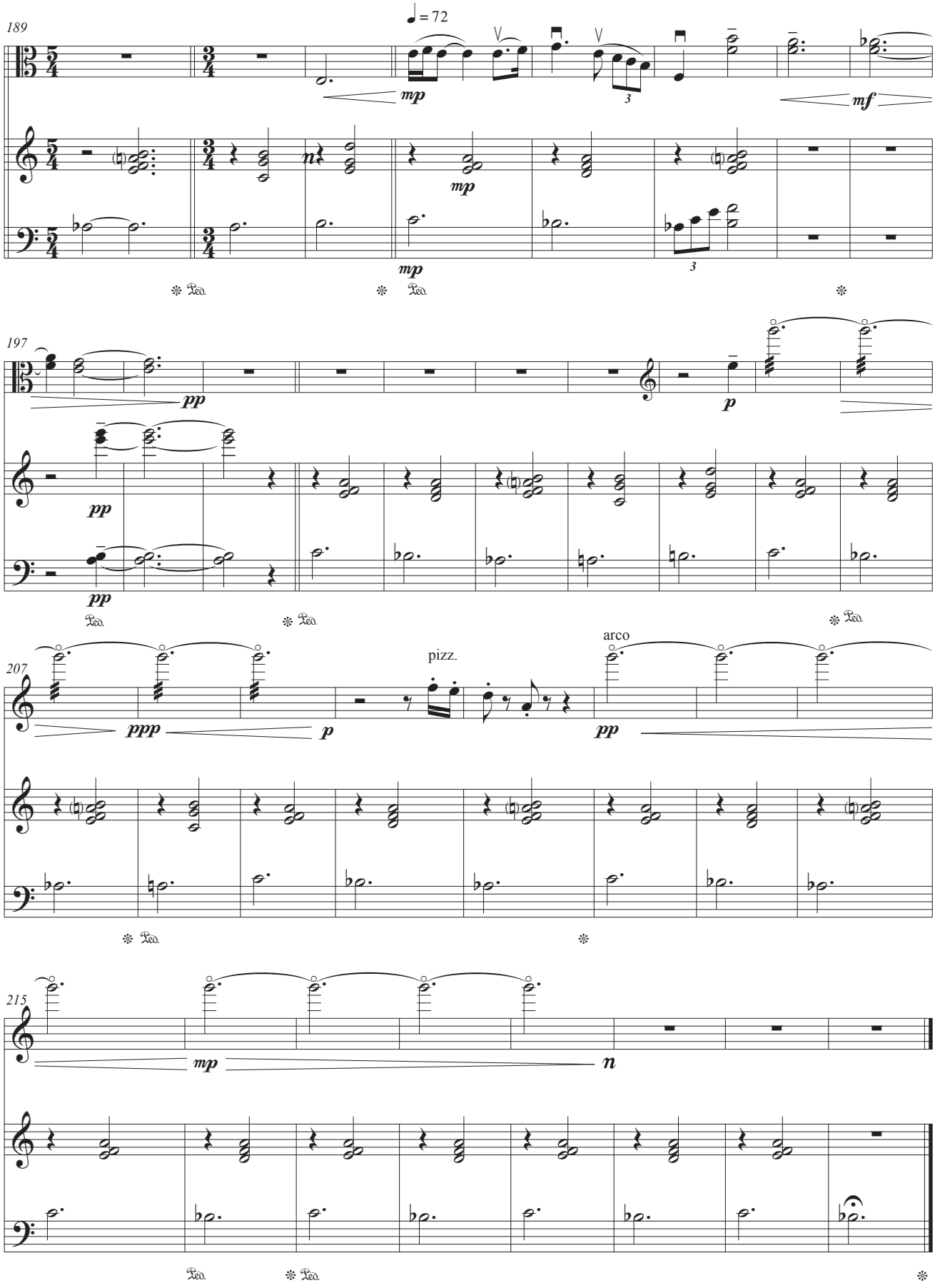

poco accel.
46
mp
p
mf
8va
Ped.
49
pp
mp
f
agitato
f
f
mf
52
mf
f
8va
mf
ff
mf
accel.
54
fff
mp
accel.
8va
fff
fff


C
♩ = 72
sul pont.
(8va)
62
(8va)
71
♩ = 80 with strict time
78
cadenza


82
pizz.
arco
87
slow gliss.
91
8va
96
D
(c. ♩ = 80)
tempo rubato
pizz.
arco
8va
103


111
arco
pizz.
mf
ff
mp
f
p
p
sul pont.
119
arco
E
a tempo
senza vib.
vib.
senza vib.
pp
n
mp
mp
p
mf
p
131
vib.
tr
ff
mp
mf
mf
139
6
6
ff
3
f
mp
f


145
slow gliss.
sul pont.
sul tasto
senza vib.
mp
n
mp
p
3
p
mf
p
Ped.
158
♩ = 72
wide vib.
vib. norm.
pp
Ped.
169
rit.
ord.
p
pp
mp
pp
179
F
♩ = 64
legato
p
p
Ped.


189
♩ = 72
mp
3
mf
mp
mp
3
Ped.
Ped.
Ped.
197
pp
p
pp
pp
Ped.
Ped.
Ped.
207
pizz.
arco
ppp
p
pp
Ped.
Ped.
215
mp
n
Ped.
Ped.
Ped.